



Einstein News

Einstein Middle School
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November 2015
Volume VIII, Issue 3

Einstein Website
Einstein PTSA Website

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Fall Season Sports at Einstein

Read more about Einstein sports on page 10.



WEB Leaders getting ready to teach a PRIDE class in October.



Emergency Update Form

Last Call: At Back To Business Days in August, all families were given an emergency update form. If you have not returned the form, please take the time to make any necessary changes, sign, and return to school. If no changes are needed, please sign and return. If you no longer have this form, contact Leslie Buchanan at Leslie.Buchanan@shorelineschools.org and we can take care of any changes you need. We want to be able to keep in communication with our families!

The Einstein News, a joint publication of Einstein Middle School and the Einstein Middle School PTSA, is published monthly during the school year. Next issue 12/1/15, deadline 11/20/15. Send text in an email or as a .doc to einsteinmiddleschoolnews@gmail.com.



College Bound Opportunity

If you are a student, parent, or educator looking for College Bound Scholarship eligibility information, applications, or other resources, please visit the College Bound page on our agency's consumer information site, readysetgrad.org.



Established by the Legislature in 2007, the College Bound Scholarship program provides financial assistance to low-income students who want to achieve the dream of a college education. This early promise of financial aid is intended to alleviate the financial barriers that prevent low-income students from considering higher education as a possibility.

The scholarship is available to 7th and 8th grade students whose family income meets the guidelines or who are in foster care. The deadline to sign up is June 30 of the students' 8th grade year.

The scholarship covers tuition (at comparable colleges), some fees, and a small book allowance.

Since the program's inception, almost 215,000 students have applied for the program.

Three quarters of the students who signed up for the College Bound Scholarship by the end of their 8th grade year in 2010 graduated from high school in 2014. In comparison, the 2014 four-year graduation rate for low-income students who were eligible for the program but didn't sign up was 62 percent.

Note: Foster youth in 7th to 12th grade, up to age 21, who have not graduated from high school, are automatically enrolled. They are considered to have a complete application for the College Bound Scholarship via a data exchange between the Washington Student Achievement Council and the Department of Social and Health Services (DSHS).

Symetra Heroes in the Classroom Nominations

K-12 teachers across the Puget Sound area will be honored for educational excellence in the Symetra Heroes in the Classroom program during the 2015 NFL season. Teachers are recognized in front of their students and peers at surprise in-school presentations and they receive a \$1,000 donation for classroom supplies. In addition, they receive tickets to a Seahawks home game and are acknowledged during an on-field presentation at CenturyLink Field.

Teachers may be nominated by parents, staff or students. The winners are selected based on their ability to make a real difference in students' lives; to go above and beyond in their day-to-day responsibilities; and to help students build life skills. To nominate a Shoreline teacher as a Symetra Hero in the Classroom, visit <http://symetraheroes.com/team/seattle-seahawks>.



In addition to the \$1,000 donation for classroom supplies, each of the Puget Sound-area schools with a teacher/Hero is eligible to submit an 'MVP Award' proposal to be considered for a \$10,000 grant to fund an innovative student achievement program. Over the last nine years, 34 Shoreline teachers have been honored as Heroes in the Classroom.

Artists in Schools

You can help bring a teaching artist into your kids' classrooms! Expand your Art Docent or Enrichment programs and supplement your curriculum! The Artists in Schools (AiS) program is sponsored by the Shoreline-Lake Forest Park Arts Council and offers visual arts, theater, dance, literary arts, and culinary arts programs, before, during, or after school.

Every fall, the Arts Council offers a joint application with the Shoreline Public Schools Foundation. The application deadline is Thursday, November 12. Anyone can complete the application; however, a teacher must be listed as a point person.

For more information, visit our website: Artists in Schools—Shoreline-Lake Forest Park Arts Council, or contact Kelly Lie, Arts Education Manager, Shoreline-Lake Forest Park Arts Council, at 206-417-4645.

Ceramics Classes Need Your Castoffs!

Deanna Baldi, Visual Art Teacher

If you are upgrading or downsizing, we would love the following items: rolling pins, cookie cutters, rubber stamps, dish-drying racks, drain boards, and dishwasher silverware caddies. If your dishwasher kicks the bucket, please pull out the silverware holder before they haul it away. In its new home in the art room it will be used to dry clay tools!



Please drop any donations off in the office or in G-2. Thanks!



Einstein Clubs

Einstein is proud to be able to offer a variety of extracurricular activities for its students from 3:00–4:30pm. Clubs are listed below by the day of the week that they meet. An activity bus is available for students participating in extracurricular activities. Bus details are available on page 13.

TUESDAY

City of Shoreline Activities (SAC and Gym)

Come to the SAC after school on Tuesdays and Thursdays and join the fun. Games (dodge ball, capture the flag, soccer), projects, art activities, snacks and more.

Newspaper Club (L-4) Thurber

Reporters, photographers, creative writers and artists wanted for Einstein's Online Student News Site, *Tiger Tracks*.

Chess Club (L-5) Paulhamus

We will meet every Tuesday after school to play head to head and team up to play a variety of alternate scenarios. Every level is welcome—even if you've only heard about chess, come on out and play! This means you, lunchtime chess players!

Tiger Tutoring (Library) Teeters

Spend quiet time in the Library doing your homework and getting help from staff and high school tutors.

GSA Club (E-11) Zwack/Flatters

The Gay, Straight Alliance is a place for all students to discuss issues and plan school activities related to diversity and awareness. The overall goal of the GSA is to create a more accepting and safe learning environment for all students, regardless of sexual orientation, gender identity or individual differences.

International Club! (E8) Wheaton/DiVirgilio

Are you interested in other cultures and languages? We will play games, watch films, cook, and plan celebrations around the various holidays and traditions represented in our Einstein community. Note: formerly known as "Latino Club"

WEDNESDAY

DACB (Drawing, Anime, Comic Books) Club (D-11) Moreno

Do you like to draw? Do you like Anime? Do you like to hang out with friends? Then you should come to the Anime / Drawing club. We meet on Wednesdays from 3:10 to 4:30 in Mrs. Moreno's Room D-11.

Coding Club (A2) McDowell

Are you interested in how Video Games work, want to learn basic coding? Want to learn about apps, VR, and other new technologies, then the Coding Club is for you!

Video Game Club (A-7) Riley

We will meet in Mr. Riley's room (A-7). In the past, we have had Atari 2600, Gamecube, WiiU, and Xbox games available, but welcome any and all types of gamers. If you have questions, stop by and chat with Mr. Riley.

The Write Stuff (LRC – 2nd Wed) Dame

(10/14, 11/4, 12/9, 1/13, 2/10, 3/9, 4/13, 5/11, 6/8)

The Richmond Beach Friends of the Library has made it possible for all interested students to meet in the library once a month to have fun with writing. There will be author visits, script writing & movie making, writing games and exercises and an opportunity to have your work critiqued if you so desire. Also, snacks!

Pizza & Books (LRC – 4th Wed) Dame

(9/23, 10/28, 11/18, 12/16, 1/27, 2/24, 3/23, 4/27, 5/25)

Club will meet in the library after school once a month. If you like to eat pizza and you like to talk about books you've read, then this is the club for you!! Please go to the library to sign up with Ms. Dame so that she can order enough pizza. She can also answer any questions you might have.

Yearbook Club (G-2/Art) Baldi

If you are interested in photography, art, print and computer graphic design, or just helping to insure we have a fantastic yearbook this year! Come and help us capture the moments and memories of the 2015/16 year at Einstein!!! If you have questions please stop by and see Mrs. Baldi in G-2.

THURSDAY

City of Shoreline Activities (SAC and Gym)

Come to the SAC after school on Tuesdays and Thursdays and join the fun. Games (dodge ball, capture the flag, soccer), projects, art activities, snacks and more.

Math Club (A-7) Riley

Our first meeting will be Thursday September 24 in Mr. Riley's room (A-7). If you are interested in math competitions (team and individual) or just like solving challenging math problems, we'd love to have you join us!

TSA/New Stem Club! (H-6) Thurber

Do you enjoy figuring out how things work, working with tools and making things? Join TSA (Technical Students Association). We will be meeting Thursdays after school in the Engineering Shop (H6). Our focus this year will be designing and building CO2 cars and racing them in competitions. Come find out what TSA is all about.

Tiger Tutoring (Library) Teeters

Spend quiet time in the Library doing your homework and getting help from staff and high school tutors.



Principal Fritz's Message

Celebrating Our Successes

It's hard to believe we are almost 25% through our school year. How can that be possible? But as I look out my office window I see the colors of fall. This last weekend we set our clocks back an hour and in the coming weeks teachers will be entering first quarter grades.

Your student will be receiving a first quarter progress report, and for our 7th graders this will be their first report as a middle schooler! It's important to remember that in middle school this is simply a formalized progress report. It's a moment for students and teachers to pause and check progress toward benchmarks. This marking period allows teachers to look more formally at student progress as well as assess how their classes are moving along towards the goals for the end of the semester. For students and families it's a way to get explicit and direct feedback about how students are progressing in classes. This feedback is about the progress up to this point, but also about the behaviors and academic habits students are exhibiting (or not exhibiting) that contribute to their marks. But the important thing to remember is we're only half way there! In high school, classes are credited by semester and middle school allows students to begin to experience the pace and progress of this calendar.

I have no doubt that every single one of our students has something to celebrate so far this year. Maybe they've made a new friend, overcome a fear, made progress on a goal, joined a club, tried out for a team, or changed a behavior from last year. When you get the chance to look at your student's first quarter progress report, please take some time to talk about successes and celebrate a little! The progress report is important, but it is not inclusive of their entire experience at Einstein. This is also a great time to set goals with your student so there are even more successes to celebrate at the semester.

We love to celebrate student successes at Einstein! One way we do that is by giving students an "Al's Pal" certificate when we notice them doing something in line with our PRIDE motto. Our staff has their eyes open to recognize students demonstrating preparation, respect, integrity, determination and excellence and we love to let our kids know that we notice these things! They turn their "Al's Pal" into the office and every Friday we draw names of several students, announce their names over the intercom, and then invite them to the office for a little surprise.

Thank you for all you do for your students, and for joining us in talking with them to identify successes and to set goals for the future. Together, we can make the next three quarters just as positive and full of learning as this first quarter has been!

Absences and Early Dismissals

Just a reminder that if your student will be absent or if your student needs to leave early for any reason, PLEASE call, e-mail or send a note with your student as much in advance as you can (for example, an A.M. call for a P.M. dismissal).

The phone line (Kim Alford, 206-393-4732) and our e-mail (kim.alford@shorelineschools.org) are open 24 hours for messages so you may leave them at any time. We realize this is a departure from elementary school. We are unable to call classrooms so as much notice as possible helps our office plan ahead and make for a smooth departure for everyone!

Bus Notes

Occasionally it is necessary for your student to ride on another student's bus home or go to another location determined by the parent. When this happens, please send a note with your student indicating the bus number, where the student is going, and who they are going with.

Students need to bring this note in before school starts to get an accompanying Einstein bus note to go with it. Our cut-off time to process these notes is lunch time. Please do not call the office except in the case of emergency for a different bus assignment for your student. Thanks!

Watch D.O.G.S. Kick-off: Dudes & Drafts

Please join us for "Dudes and Drafts" a kick-off event for the Einstein Watch D.O.G.S. program by gathering at a local watering hole and lifting a pint (root beer or other) to hear details, how to sign up, and to build a community of support for our middle schools kids.

Dudes and Drafts!

Wednesday November 4
6:00-8:00pm, drop in any time
Brigid's Bottleshop
190 Sunset Ave South, Suite C
Edmonds, WA 98020



Boundary Exceptions

If you live outside the Shoreline attendance area and have not gone to your home district for a boundary release, now is the time. Last June 30 was the deadline for this year. Please go to your home district and complete boundary release paperwork. Final deadline for Einstein is November 15. Questions? Contact Leslie.Buchanan@shorelineschools.org.



PTSA President Kim Ositis' Message

Supporting Our Students

Thank you to everyone who attended the General Membership meeting and Open House on October 1. We were thrilled to see the Cafeteria filled to capacity. The membership adopted the Standing Rules and the Strategic Plan for 2015–2016, as well as a final budget.

An addition to the Strategic Goals (full text appears on page 6), the membership approved a new mission statement:

The mission of the Einstein Middle School PTSA is to provide academic enrichment and basic needs support for Einstein students, participate in legislative advocacy, provide resources for staff and parents, and collaborate with community partners, while maintaining a well-run, fiscally responsible organization.

The Standing Rules contained a change to the composition of the Board of Directors that created a new executive committee office—that of Vice President. Congratulations to Lisa Surowiec, our new VP!

The General Membership meeting was also the kick-off of the Pass the Hat Giving Campaign and the announcement of new online donation options. The PTSA set a very ambitious goal of raising \$15,000 and we were thrilled to receive more than \$3,000 in donations from just the Open House night itself! Our thanks to everyone who has donated so far!

If you haven't yet signed up to be a member, it's not too late! The membership form is included in this issue and you can now join online via PayPal!

Legislative News

Suzanne Gugger and Carrie Campbell, PTSA Legislative Chairs

Legislation Directors from Shoreline PTAs and Council attended the 2015 WA State PTA Legislative Assembly with other reps from all over the the State on October 24th in Olympia. Last year, at Legislative Assembly, we passed a prioritized platform that focuses on supporting policies and legislation that would benefit students and teachers in our state during the 2015–16 State Legislative session.

The 5 priority issues are listed to the right. This year, we voted to support these additional issues. Click to be connected to the information or click on <http://www.wastatepta.org/advocacy/>.

Issue #1: Improving Education Outcomes for Foster Children
Issue #2: Career Development and Training for Paraeducators

Take 5 minutes to Take Action!

- Send an email to your Legislator with “Fully Fund Education” in the header and include your name and address in the body text. The 32nd district’s legislators are state senator Maralyn Chase and state representatives [Cindy Ryu](#) and [Ruth Kagi](#).
- Get more information in the Washington State PTA 2015–16 Legislator Handout or <http://leg.wa.gov/>
- Keep up on WSPTA’s advocacy (website) or through our Grassroots Connection blog.

Here are just a couple of reasons to join your PTSA:

Get Connected. There’s no better way to know what’s happening in your school.

Speak Up. PTSA can be a way for you to more effectively suggest change at your child’s school.

Witness Improvement. By getting involved at your child’s school you’ll be part of the solution, helping make positive changes. Local PTAs play an important role in fundraising to provide building improvements, curriculum-based programs, and social events.

Be a Role Model. By becoming a PTSA member, you’ll be demonstrating to your child the importance you place on education.

Enjoy Substantial Benefits. Thanks to the Washington State and National PTA’s benefits programs, members can take advantage of a host of benefits such as discounts at Great Wolf Lodge and FedEx Kinkos.

WSPTA’s Priorities for the 2015 and 2016 Legislative Sessions

1. Funding McCleary—also known as FULLY FUND EDUCATION IN WA!
2. Create Positive School Climates Through Social Emotional Learning
3. Increasing Capital Funding—increase funding for new buildings and infrastructure to create modern and positive learning environments and accommodate all-day kindergarten and smaller class size mandates.
4. Increased Access to Higher Education—supporting college readiness programs and opportunities for students
5. Breakfast After the Bell—feeding programs for at risk students will give them better opportunity to learn in the classroom



Einstein Middle School PTSA (6.12.75) 2015—2016 Strategic Goals

Mission: The mission of the Einstein Middle School PTSA is to provide academic enrichment and basic needs support for Einstein students, participate in legislative advocacy, provide resources for staff and parents and collaborate with community partners, while maintaining a well-run, fiscally responsible organization.

DESCRIPTION	GOAL
PTSA Membership	360 members
Pass the Hat Donations	\$15,000.00

2015–2016 ACTION PLAN	SUPPORTING PTSA ACTIVITIES
<p>Provide academic enrichment and social skills and basic needs support for Einstein Middle School students. Goal #1: Fund a post-secondary support budget item</p>	Reflections 8th grade college field trip 7th grade science project Student of the Quarter WEB Program Angel Fund & Student Binders 8th Grade Party Post-secondary Support
<p>Participate in legislative advocacy for all students and families in the Einstein Middle School community and across Washington state. Goal #2: Send one person or family to Focus Day representing Einstein and participate in Legislative Assembly and WA PTSA Convention.</p>	Focus Day Legislative Assembly WA PTSA Convention
<p>Be a resource for parents and facilitate positive and fun opportunities for involvement. Goal #3: Increase communication with school communities. Goal #4: Increase membership by 20% from 2014–2015</p>	Spring Open House Speakers & Coffees Website Student PTSA Directories Golden Acorn & Outstanding Educator Awards Monthly Newsletter
<p>Collaborate with local programs that benefit the Einstein and Shoreline communities. Goal #5: Active participation in work nights at The WORKS Goal #6: Active promotion of partner fundraising efforts and possible matching donation</p>	Shoreline PTA Council (The WORKS, Teen Gifts, Food Drive, College Scholarship) Shoreline Arts Council Shoreline Foundation Luncheon Shoreline Public Schools Foundation
<p>Provide classroom resources for staff and opportunities for staff recognition and appreciation. Goal #7: Promote grant opportunities to staff Goal #8: Send out a Staff survey</p>	Staff Appreciation Luncheons Staff Grants Golden Acorn & Outstanding Educator Awards Monthly Newsletter
<p>Maintain a well-run, fiscally responsible organization that adheres to Washington State PTA Best Practices. Goal #9: Establish a secure repository of Einstein PTSA records Goal #10: Apply for Standards for Excellence Award</p>	Liability Insurance Incorporation & Charitable Solicitation renewal fees

PTSA Board 2015–16

President

Kim Ositis
einsteinpresident@gmail.com

Vice President

Lisa Surowiec

Secretary

Michelle Ryder
einsteinsecretary@gmail.com

Treasurer

Scott Combs
einsteintreasurer@gmail.com

Legislation

Carrie Campbell & Suzanne Gugger
einsteinlegislation@gmail.com

Newsletter

Mary Crandell & Mel Williamson
einsteinmiddleschoolnews@gmail.com

Public Affairs

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Site Council

einsteinsitecouncil@gmail.com

Student Affairs

einsteinstudentaffairs@gmail.com

Volunteer Coordinator

Carrie Campbell
einsteinvolunteers@gmail.com

Way & Means

Lisa Surowiec
einsteinwaysandmeans@gmail.com

Web site

PTSA Membership and Pass-the-Hat Donation

Cut here and return to Einstein PTSA

Name(s) _____ Membership for individual \$15.00 \$ _____
 Address _____ Membership for two \$25.00 \$ _____
 Student's Name _____ Pass-The-Hat (your donation) \$ _____
 Student's PRIDE period teacher _____ Total amount in the envelope \$ _____

The Student Directory, which is one of the benefits of joining the Einstein PTSA, will be sent home with your student.

Please make checks payable to Einstein PTSA. The Einstein PTSA is a 501(c)(3) organization. Donations are tax deductible to the extent allowed by law. To double your impact, check with your employer about matching donations. Thank you for your support!



HEALTH

Joni Wishaar, MBA, BSN, RN, School Nurse

As we head into the cold and flu season, there are actions we can practice to help reduce our chances of contracting the many viruses we are exposed to. Part of the reason we see more colds in the winter months are due to closer confinement indoors and, in schools, the multiple contacts with the entire student body. Cold viruses are spread via hand-hand-face contact (someone with a cold coughs into their hand, opens a door, another person opens the door and then rubs their eye or nose—the cold virus has just been passed). Some viruses are passed via saliva.

The best prevention technique is frequent hand washing. If you have a cold, cough into your elbow to prevent that hand-hand-face spread. Dispose of tissues immediately after use and then wash hands. Clean the mouthpieces of phones. Use a dishwasher for cleaning dishes, or if hand washing dishes, pour boiling water over the washed dishes and let them air dry (drying dishes can transfer germs from one surface to another).

Viruses and bacteria can be passed through saliva. To help prevent the spread, don't share drinks, food or utensils. Do not spit. Mono symptoms include an elevated temperature with sore throat, swollen glands, and eventually tiredness.

For our bodies to fight diseases, obtain a full night's sleep and eat a balanced diet including five to nine helpings of fruits and vegetables. Foods with high vitamin C such as green, yellow, and red peppers; kiwis; broccoli; and citrus fruits are important to eat. Some studies that suggest that while vitamin C may not prevent colds, it can help reduce the severity of the cold.

The general guidelines to keeping students home for illness include fevers above 100 degrees or vomiting within 24 hours of the school day. This reduces the exposure of disease to the students and staff.

Taking these measures can help prevent the spread of disease or at least make it less severe.

Volunteer Opportunities

Einstein needs your help! If you have not been getting e-mails from your friendly neighborhood PTSA volunteer coordinator, then you are not signed up as a volunteer. Please sign up now to receive emails about volunteer opportunities. By signing up you will be informed—the option to volunteer is still up to you. E-mails are sent only when opportunities arise and your community needs you. A sign-up with information about the event will be sent to you and you can sign up or don't—it's up to you!

Thank you for taking the time and helping your school community! The Einstein PTSA respects your privacy and does not sell or otherwise distribute your name and/or email information—that information is purely used to ask for your help when we need it.

Sign up by sending the following information to einsteinvolunteers@gmail.com: Your name, Your e-mail address, whether you have a 7th grader, 8th grader, or both!

Thank you!
Carrie Campbell, Volunteer Coordinator

6-Period Days Week of November 11

Because of the no-school Veteran's Day holiday on Wednesday November 11, all remaining days that week will be six-period days.

Upcoming Concert

On Thursday, November 19th, the Einstein Music Department will present its November concert featuring the Concert Orchestra, Concert Band, and Symphonic Band. Hope to see you there!

Thursday, November 19, 2015
7:00–8:30pm
Einstein Gym

Mariko Lane, Einstein Middle School Bands



Lines from the Library

Anne Dame, Librarian [Library Website](#)

Autumn is my favorite time of year—and this fall was even better due to the appearance of one of my favorite authors at the Einstein library on October 23! John Flanagan, author of the “Ranger’s Apprentice” and the “Brotherband Chronicles” series was here from Sydney, Australia. He entertained over 100 of our students with his wit, humor, and lively presentation. Students also had an opportunity to ask questions and some lucky few got books and posters signed as well. It was a great experience all around. I am so very proud of the attentive listening displayed by our Einstein Tigers! A huge thank you also goes out to Third Place Books for bringing such a great author to our school!

WRITE STUFF: The Write Stuff Club will be meeting on Wednesday, November 4th. We will be hosting author Kelly Jones! She will be talking to us about the writing and publishing process. We’ll also be getting everyone geared up and hopefully involved in NaNoWriMo - National Novel Writing Month! November is nationally recognized as an opportunity for writers to band together and challenge themselves to write 50,000 words in one month. Students are challenged to write 1,000 words based on grade level. So 7th graders would write 7,000 words and 8th graders 8,000 words! I think our students are up for it. If you are interested, please feel free to join us! Thank you to the Friends of the Richmond Beach Library for sponsoring this program.

PIZZA & BOOKS: Pizza & Books will be meeting on Wednesday, November 18th. All students attending this month’s edition of P&B will be receiving an advance reader’s copy of “Not If I See You First.” In December, the author, Eric Lindstrom, will be joining us so we can discuss the book! Our students

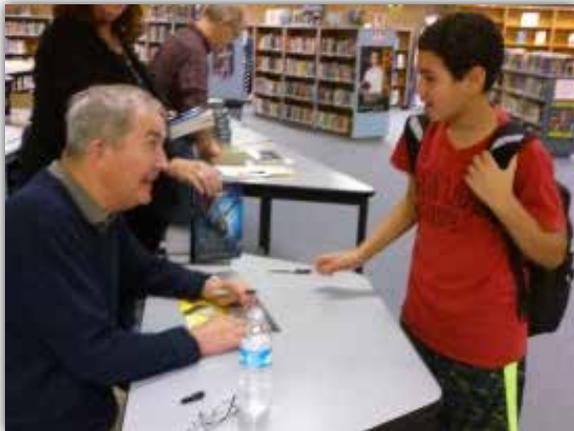
always have such enthusiasm when talking about the books they’ve read; it will be interesting to hear when they

Library Staff

Anne Dame, Librarian

Lyn Ching, Library Technician

Robert Dong, Computer Technician



Ali gets a poster signed

are all reading the same book. Thank you once again to the Friends of the Richmond Beach Library for sponsoring this program, too. Your generosity is much appreciated.



What’s Ms. Dame reading now?

OVERDUE BOOKS: The library recently sent out email notices about overdue books. Please take a moment to help your student locate and return their books so that other students may borrow them. Thank you for your help!

NEW BOOKS:

The Tournament of Gorlan

by John Flanagan: Like Flanagan’s other books, this one takes place in his familiar medieval setting. This time he takes a look at Halt and Crowley, the very first Rangers and the trials and dangers that they faced. Lots of action and adventure, as well as humor.

Simon vs. the Homo Sapiens Agenda

by Becky Albertalli: Simon is a high school junior. He is gay but has not yet come out to any of his family or friends. However, he has developed an email relationship with another gay boy at his school, but they have kept it strictly anonymous. Simon and Blue gradually learn more about each other as they share more and more of their thoughts and feelings. Simon wants to meet Blue but Blue is reluctant to end the anonymity. What if reality is not as good as their online relationship?

Amazing Feats of Civil Engineering

by L.E. Carmichael: One of six books in a series featuring different feats of engineering (the others are electrical, aerospace, mechanical, biological, and environmental engineering). Numerous photos depicting a diversity of race and gender plus various civil engineering projects add much interest and helpful information. Each text also includes a hands-on project, career planning advice, and additional resources. Sidebars throughout add to the overall excellence of this series. We have the whole set, which is a great addition to our STEM curriculum.



John Flanagan entertains us



WEB Program / Counseling Corner

Ms. Paulhamus & Ms. Flatters

Our Einstein community focused on the PRIDE theme of Respect during the month of October. Together we have identified ways to address and reduce problems of bullying and harassment that occur in middle schools. Educating students, parents and staff is an essential part of the prevention of bullying, harassment and cyber-bullying.

Definition of Bullying: Bullying happens when someone keeps hurting, frightening, threatening or leaving someone out on purpose.

Tips for dealing with Bullying/Harassment:

- Name what they are doing; "You are bullying/harassing me..."
- Tell them to STOP (look them in the eye and use a strong voice).
- Tell them you will report them if they don't stop.
- Bystanders (those who witness or join in while someone is being bullied) stand up for others – be an "Upstander" and "Ally" and report the incident.
- Report to a trusted adult: Classroom teacher, Counselors, Principals, Security, Parent/Guardian, etc.

All staff are here to help students learn and be safe at school!

We would like to share some events that are happening at Einstein to bring awareness to the problem and encourage students to be a part of the solution:

- Counselor class visits to all Social Studies classes! Ms. Flatters and Ms. Paulhamus shared information about their role and how students can access their support. Students identified why they might check-in with their school counselor and who other support staff
- GSA (Gay Straight Alliance) sponsored "Ally Week" activities to promote taking a stance against bullying and the importance of standing up for each other. Specific focus on LGBTQ bullying statistics were included in our student bulletin for educational awareness. GSA Club members decorated the school sidewalks with colorful chalk messages of Finding Kind and Paying it Forward.
- 7th Grade Taproot Theatre "Relationship Status" performance addressing issues of online and bullying at school. All 7th graders participated in pre and post-show activities to review the definition of bullying, the importance of being an ally vs. bystander and to fill out a questionnaire to report any current bullying they have experienced or witnessed. Follow up check-ins by counselors, admin and security for those who reported concerns.
- 8th Grade PRIDE classes participated in an anti-bullying lesson titled "Find Kind & Pay It Forward!" The lesson included a slideshow that featured current Einstein students encouraging everyone to take the time to do kind things for others therefore helping to create a safe and bully-free school community.
- PAY IT FORWARD WALL in the SAC! Students and Staff are writing down acts of kindness they have noticed or received on paper arrows. The goal is to cover the wall with all of the kindness around us at Einstein! Visual reminders can be powerful!
- 8th grade WEB Leaders presented the "Heavy Stuff" lesson to their 7th grade WEB groups in PRIDE classes. The purpose of this class visit was to discuss how putdowns, name-calling and teasing can weigh someone down and make life difficult. Students brainstormed what they can do each day at Einstein to help lighten someone else's load; smile and say "hi", include others, give compliments, give them a high-five/hug, listen to them, etc.

It is important to realize that bullying is not a normal part of growing up. We all deserve to be treated with dignity and respect! Please contact your school counselors or administration with any questions or concerns.



Pay It Forward Wall in the SAC! Students and Staff record Einstein kindness with the goal of "Paying it Forward"!

Student Support Team

7th grade Counselor

[Kelley Flatters](#)
206-393-4744

8th grade Counselor

[Lauren Paulhamus](#)
206-393-4743

School Psychologist

[Kathryn Zwack](#)
206-393-4745

Drug/Alcohol Interventionist

On campus Wed & Thu
206-393-4736

School Nurse

[Joni Wishaar](#)
206-393-4734

Security Monitor

[Liz Aspen](#)
206-393-4738



WEB Talks about Bullying

8th grade WEB Leaders presented the “Heavy Stuff” lesson to their 7th grade WEB groups in PRIDE classes. The purpose of this class visit was to discuss how putdowns, name-calling and teasing can weigh someone down and make life difficult. Students brainstormed what they can do each day at Einstein to help lighten someone else’s load; smile and say “hi”, include others, give compliments, give them a high-five/hug, listen to them, etc.



Season 2 Athletics

More photos from Einstein’s football season. GO TIGERS!

Season 2 athletics begin November 6: **Grades 7/8 boys basketball & Grades 7/8 girls volleyball.** All paperwork (including a sports physical) needs to be completed and turned into the main office before students can participate in any way. Please make arrangements for transportation on 11/6/15 (no activity bus).





A Season to Remember!

Coaches Maschman, Glasser, Dubois, & Higgins

Under sunny skies and near perfect conditions, the Einstein Cross-Country Team finished their season on a high note at the Sno-King League Championship Meet on Tuesday, October 27.

Nearly 60 runners from the boys and girls teams faced off against 11 other schools from Shoreline, Edmonds, and Everett school districts. The 8th grade boys stole the show by taking 1st place overall, just a year after finishing 2nd overall as 7th graders. The 7th grade girls, 7th grade boys and 8th grade girls finished 5th, 4th and 11th place respectively overall.

While we are all proud of the efforts in the final meet, we are most proud of the hard work, dedication, and positive sportsmanship demonstrated by all of our athletes throughout the season. Many of our runners reached new personal bests at our final regular season meet versus Kellogg, which propelled both the girls' and boys' teams to victories against our cross-town rival!

A big THANK YOU to all the parents and family members who came out to support us at every meet. Your encouragement propelled us to new heights each week and inspired us to always do our best. GO TIGERS!





Community Listings

Community activities and events are included as a service to our families and students. These activities are NOT sponsored by the School District and the District assumes no responsibility for conduct or safety of the activities.

Holiday Baskets Food and Teen Gift Drive

November 30–December 11

The Shoreline PTA Council is partnering with the Shoreline Fire Department, Hopelink, Rotary Club of Lake Forest Park, the City of Shoreline, and the Dale Turner Family YMCA to put on the Holiday Baskets drive. The purpose is to provide quality food & gift support to Shoreline School District families needing assistance this holiday season.

The 2015 Shoreline PTA Council Holiday Baskets drive will run from November 30–December 11. All donations will be distributed to families on December 12. We rely on your contributions of non-perishable food items and teen gift cards to make this special event a success. Our schools collect a wide variety of quality food to support families over winter break, and, in addition, a specific item is assigned to each local unit to ensure that healthy meal basics are in each of the Holiday Baskets given to the families.

Our school's assigned item: HEALTHY CEREAL Goal: 500 items

As part of the Holiday Baskets drive, the Shoreline PTA Council coordinates the collection of teen gifts for teens and tweens ages 10-18 through the Shoreline School District, Hopelink, the Rotary Club of Lake Forest Park, the City of Shoreline, and the Dale Turner Family YMCA. This is completed by the Shoreline Fire Department's collection of toys for children ages 0–9.

Our goal is to provide a gift card (\$15–\$25) for each of our tweens and teens needing support. We rely on your donations to make this happen. You may drop donations off at "The WORKS" on Wednesdays from 6:00–8:00pm, send your items to school along with your food drive donations, or deliver them to Kellogg on Friday, December 11 after 3:30pm.

Families needing help with holiday food and gifts should contact their school nurse, family advocate, or register online at Eventbrite (in the "search for event" field, enter "Holiday Baskets").

Any monetary donations should be made payable to the Shoreline PTA Council (note "Holiday Baskets – Food" and mailed to the Shoreline PTA Council 6.12, P.O. Box 55832, Shoreline, WA 98155. All monetary donations are tax deductible with receipts provided on request.

For more information, or to donate using PayPal, visit www.shorelinepta.com and click Holiday Baskets. To volunteer to help at the event, visit <http://vols.pt/YMpKe8>, or email lwoodf9431@aol.com.

Paying for College

Worried about paying for your student's college education? On **November 4 at 7:00 p.m.** in the Shorewood Library, come hear Financial Advisor David Aramaki speak about strategies for your finances, college savings tools like 529s, the financial aid process, educational tax breaks, and other aspects of this major financial commitment.

For more information:

After Shorewood: <http://www.aftershorewood.org/>
Shorewood PTSA: <http://www.shorewoodptsa.com/>
David Aramaki: <http://www.ameripriseadvisors.com/david.h.aramaki/profile/>

City of Shoreline Teen Programs

Middle School Night

Calling all 7th and 8th Graders! Aged out of tween night but looking for something fun to do on the weekend? This is your night to hang out with friends in a familiar setting. Parents, this program offers a safe and fun place for your teens to hang out with friends on a Saturday night. There will be fun games, activities, crafts, music and food! And it's free! For more information, please contact Austin at (206) 801-2643. Dates: Saturday, 11/21, 12/19 7:00-11:30 p.m. Fee: Free!

Loco Camp

Each day will be different with fun activities for everyone. There will be dodgeball, kickball, swimming, basketball, or whatever adventure we find. Tuesdays we will cruise to recreation centers, Wednesdays we will head over to the pool for swimming and Thursday's activity will be your decision. For more information please contact Waldo at (206) 801-2644. #69780 Dates: Tu,W,Th 12/21–12/23 12:00–5:00pm. #69781 Dates: Tu,W,Th 12/28–12/30 12:00–5:00 p.m. Fee: \$48 w/ Resident Discount: \$40. To register, call (206) 801-2600 or online at shorelinewa.gov/registration.



November 2015



November

11/5	THU	Season 1 Sports Awards	3:00pm
11/10	TUE	PTSA Meeting (Staff Lounge)	6:30pm
11/11	WED	No School: Veteran's Day	
11/19	THU	Symphonic Band, Concert Band & Concert Orchestra Concert	7:00pm
11/24	TUE	Einstein Tigers Basketball Game	3:45pm
11/25	WED	Early Release	11:15am
11/27	THU	No School: Thanksgiving Holiday	
11/28	FRI	No School: Thanksgiving Holiday	

December

12/3	THU	Einstein Volleyball Game	3:45pm
12/7	MON	No School: Staff Work Day	
12/8	TUE	PTSA Meeting (Staff Lounge)	6:30pm
12/9	WED	Einstein & Shorewood Orchestra Concert Shorewood Main Theater	6:30pm
12/10	THU	Einstein Boys Basketball Game	3:45pm
12/14	MON	Einstein Volleyball Game	3:45pm
12/17	THU	Einstein Boys Basketball Game	3:45pm
12/18	FRI	Holiday Assembly: Choir, Symphony Orchestra, Wind Ensemble & Jazz Band	9:00am
12/21-1/1		No School: Winter Break	

January

1/6	WED	Einstein Boys Basketball Game	3:45pm
1/7	THU	Einstein Boys Basketball Game	3:45pm
1/11	MON	Einstein Volleyball Game	3:45pm
1/12	TUE	PTSA Meeting (Staff Lounge)	6:30pm
1/14	THU	Einstein Volleyball Game	3:45pm
1/15	FRI	Season 2 Sports Awards	3:00pm
1/18	MON	No School: Martin Luther King, Jr Day	

Only sport events hosted at Einstein and special events are listed above. The complete sports schedule can be downloaded from the [Athletics Information Page](#) of the Einstein Website.

Einstein Club List

TUESDAY

Jazz Band (H-15) 7:00-8:20am Lane
City of Shoreline Activities, SAC & Gym 3:00-4:30pm
Newspaper Club (L-4) 3:00-4:30pm Thurber
Tiger Tutoring (Library) 3:10-4:30pm Teeters
GSA (E-11) 3:00-4:30pm Flatters/Zwack
 (Meets 10/20, 11/3, 11/17, 12/1, 12/15, 1/12, 1/26, 2/9, 2/23, 3/15, 3/29, 4/12, 4/26, 5/10, 5/24, 6/7)
Chess Club (L5) 3:00-4:30pm Paulhamus
International Club (E8) 3:00-4:30pm Wheaton/
 DiVirgilio

WEDNESDAY

Anime/Drawing Club (D-11) 3:00-4:30pm Moreno
Video Game Club (A-7) 3:00-4:30pm Riley
The Write Stuff (Library) 3:00-4:30pm Dame
 (Meets the 2nd Wednesday of each month)
Pizza and Books (Library) 3:00-4:30pm Dame
 (Meets the 4th Wednesday of each month)
Yearbook Club (G2/Art Room) 3:00-4:30pm Baldi
Coding Club (A2) 3:00-4:30pm McDowell

THURSDAY

Jazz Band (H-15) 7:00-8:20am Lane
City of Shoreline Activities, SAC & Gym 3:00-4:30pm
Math Club (A-7) 3:00-4:30pm Riley
TSA/STEM Club (H-6) 3:00-4:30pm Thurber
Tiger Tutoring (Library) 3:00-4:30pm Teeters

FRIDAY

Jazz Band (H-15) 7:00-8:20am Lane

Lunch Menu

[Here is a link](#) to the district breakfast and lunch menus. Additional information about the district's food services is also available on the [District website](#).

Activity Bus

Information about clubs and other extracurricular activities can be found on the [Activities Page](#) of the website. Students participating in after school clubs or athletics are eligible to take the Activity Bus on Tuesday, Wednesday and Thursday.

Activity Bus Route 320 – West & South Side

4:45pm	Depart Einstein
4:50pm	Syre Elementary
4:57pm	Richmond Beach Library
5:04pm	Shorewood High School
5:08pm	Highland Terrace Elementary

Activity Bus Route 318 – East & North Side

4:45pm	Depart Einstein
4:50pm	YMCA driveway N 192nd St.
4:53pm	Echo Lake Elementary
4:57pm	1st Ave NE & N 187th St
5:03pm	Meridian Park Elementary
5:10pm	Parkwood Elementary