



Einstein News

Einstein Middle School
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January 2017
Volume IX, Issue V

Einstein Website
Einstein PTSA Website

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HAPPY NEW YEAR!

2017 brings us a School Bond that needs YOUR support

On Valentine's Day, February 14, 2017, Shoreline and Lake Forest Park citizens will have an opportunity to show their love for our highly ranked school district by voting on a \$250 million school construction bond that will:



- ♥ Alleviate elementary overcrowding and prepare for state-funded class size reductions;
- ♥ Provide learning environments to support student achievement;
- ♥ Expand and enhance early learning opportunities; and
- ♥ Design new buildings to enhance school safety and security.

Projects to be completed if the bond passes include:

- ♥ Constructing an Early Learning Center at the Shoreline Children's Center site to house tuition-based preschool, Head Start and Early Childhood Education
- ♥ Rebuilding Einstein Middle School
- ♥ Rebuilding Kellogg Middle School
- ♥ Rebuilding Parkwood Elementary School

At their October meeting, the Shoreline Public Schools Board of Directors unanimously approved the resolution to place a bond proposition on the special election ballot. Please look for your ballot and VOTE! Thank you! (more information about this on page 4)

Einstein in the Community

Einstein TSA Volunteered at Highland Terrace Science Night



On Dec 2nd, ten Einstein students ran our booth, Einstein Science Makes Sense at Highland Terrace's Annual Science Night. Einstein students conducted two experiments with elementary students and their guests--the Jellybean Tasting Experiment and the Stroop Test--to determine how color influences our other senses.



Food / Gift Drive Success

Thank You!

Thank you to all the volunteers and contributors to the Food/Gift drive. Shoreline School District collected and distributed thousands of items and 640 food boxes to Shoreline families in need of assistance and helped stock the shelves at Hope Link in Shoreline. The Teen Gift drive was also something to be proud of. If your family needs assistance, please contact your family advocate.



Your help was so appreciated and is still needed. More families are in need and food banks are finding their stocks are low. Read more here, <http://www.kiro7.com/news/local/local-food-banks-experiencing-low-donations-this-season/475299473>

Reminder about Monday School

If you need Monday School learn more...

Einstein will be hosting Monday School in 2017 on the following dates: 3/6, 4/3, 5/15

Please mark your calendars!

Monday school is from 9:00-12:00 on the above non-student days, and is an opportunity for students to come and get caught up on school work. Please contact Liz Aspen with any questions regarding Monday School, liz.aspen@shorelineschools.org, or 206.393.4738. Thank you!

AI's Pals Winners

Congratulations to the latest AI's Pals winners!

Twyla Van Dyke	Clinton Nichols	Pityas Isayas	Mason Smith
David White	Sebastian Pena-Camacho	Dominick Mangini Ross	Estefania Navarro
Armie Bada	Elena Harris	Ollie Purdy	Aaron Nateephaisan
Kate Grutz	Fatoumatta Danso	Mizpah Parrilla	Dario Estrada
Jahir Velazquez	Sierra Lopez	Connor Pearson	Teah Gomez

Parent Volunteers

Sign-up to Help

2017 brings with it opportunities to volunteer. The United Way of King County's Martin Luther King Day of Service, https://volunteer.uwkc.org/aem/general/event/?doc_id=3432. And though we may not want to think about it, the end of the school year will be here before we know it, and that means it's time for 8th Grade Parents to start thinking about High School. Middle School is the training ground for High School, for both student and parent. We've been learning to let go and training our students to take charge of their education. PTSA is your opportunity to stay connected to what's happening at school and help not just your student but all students. Want to learn more about how you can get involved in High School? Contact me at einsteinvolunteers@gmail.com. Other opportunities for Einstein will be coming your way if you're on the Volunteer email list. Want to get Volunteer Sign-up Emails? Send your Name, Email address and if you are the parent of a 7th or 8th grader (or both) to einsteinvolunteers@gmail.com.

Student of the Quarter Help: Mark Your Calendar for future Student of the Quarter events to help with: 1/20/2017, 4/7/2017 & 6/9/2017. You will receive an email sign up closer to the dates, so be ready!

Carrie Campbell, Einstein PTSA Volunteer Coordinator*

**please note that signing up to volunteer does not make you a PTSA member, and all are welcome to Volunteer!*



PRINCIPAL'S LETTER

Nyla Fritz, Principal

Welcome back to school and happy 2017! The “E” in Einstein’s PRIDE motto stands for EXCELLENCE and January is a great month to focus on what it means to strive for excellence in all we do. Aristotle once said, “We are what we repeatedly do. Excellence, then, is not an act, but a habit.”

As we welcome a new calendar year we also recognize that we are about half way through our school year. What a great time to help our students focus on those little habits that, when practiced on a daily basis, truly help to create excellence as individuals and across our entire Einstein community.

Here’s to a 2017 full of EXCELLENCE!



PTSA

Einstein PTSA President's Message

Lisa Surowiec, PTSA President

Happy New Year, Einstein families!!

Welcome to January!!

Yes, January brings us out of hibernation, but into some great stuff!

On the 10th, don't miss Screenagers, a documentary that was shown to rave reviews last year on the east side. Tickets are \$5. [Visit the website](#) for more information and the link to ticket sales.

Our January focus is our Special Needs families. If you have resources to share, articles to post, or thoughts to voice, please do that on our Facebook page. We will share what comes to us as well.

January 16 is [Focus Day](#) in Olympia, which is a great opportunity to take your kids to the Capitol and raise a collective voice for education. Partisan politics aside, education is the most important thing to our civilization. Show up in person, write postcards to legislators as a family, make phone calls, or send emails.



After January, we will focus on our African American and African families, Suicide Prevention & mental health, our LGBTQ community, and our Asian and Asian Pacific families. We will help organize a Future Fest for our 7th graders, send out 8th graders to check out college campuses, and put some regular happy hours on the calendar for parent connection.

None of this happens without your support and involvement. We have fantastic Directors and Chairs, but we need YOU to participate. Please engage - with your kids, with other parents, with the PTSA, with your teachers, and with our greater community.

Make this the year that we HEAR each other. Ask questions, and hear the answers. Initiate conversations and engage in dialog. As with everything else, our kids are watching. Demonstrate interest in learning about our diverse community and truly understanding other points of view. We need them to learn to advocate for themselves, and empathy goes a long way.

If you are a member of the PTSA, thank you. If you have not yet joined, the New Year is [the perfect time](#). Don't miss out on discounts and email blasts!

Special Needs PTA

<http://shorelinespecialneedspta.com/>

Did you know that Shoreline has a Special Needs PTA? All are welcome to join and/or join their meetings. Learn more about the students in our district with special needs. With great fundraising efforts they are offering their first ever Special Needs Teacher Grant. [Find out more here](#). The mission of their PTA is to foster communication and collaboration among parents, students, teachers, schools and the community to support students with special needs.



Many Hands Make Light Work

PTA in Middle and High School – We’re Still Here – And We Could Use Help

Is PTA relevant in Middle and High School? What does PTA mean to you? There are many reasons why people stop participating in PTA and school activities when their students hit middle school; increased work hours, increased student independence, mixed messages from the school – “let your student do it” “we need you”, bad experience with PTA or PTA parent in elementary school, lack of PTA visibility and understanding of what they do. Gone are the days of bake sales and selling wrapping paper. It seemed so clear how the PTA was helping in elementary school because you were connected to the teachers more and you saw the grants at work for your student, the volunteers, the enrichment programs. Now that your student is in Middle School with 6 or 7 teachers, you’re disconnected from it, and for good reason; your student is beginning to take charge of their own education, including starting their own clubs and making their own way to them. The PTA is and continues to be an organization that cares about education from the needs in the classrooms to paying attention to what’s happening with education in government. PTA is connected to the Principal and hears what the needs are, what can make your student’s education better, including Heart Dissections, Introductions to the idea of College with field trips, iPads for the Library or a piece of equipment for a computer or science class. PTA also listens to the government, local, state and federal, to hear what they’re doing for education or (more often than not) what they are NOT doing for education. PTA pays attention and lets you know, and acts as a collective body of members to voice our opinions about how they legislate for education. In Middle and High School the PTA is more subtle, but we’re still here and we still care. If you’re interested in participating, or wish the PTA were doing something more or else, sign-up to help. This time of year is when we start looking for help for the next school year and whether it is here at Einstein or if you’re moving on to Shorewood, we sure could use your help. Thank you! Email Carrie Campbell at einsteinvolunteers@gmail.com if you’re interested in learning more about how you can help.

Legislative News – Shoreline Schools Need Your Vote

*From your Legislative Rep, Carrie Campbell
continued from the cover page*

What is a bond?

Much like a home mortgage, a bond is a contract to borrow money and repay it with interest. Bonds allow the district to finance new school construction, renovations and additions.

Why is this bond being requested?

Shoreline School District is growing. A recent demography study predicts our student population will grow by nearly 1,500 students over the next 10 years. With our elementary school facilities currently at 96.4 percent capacity, additional classroom space needs to be created to provide suitable learning environments for all Shoreline and Lake Forest Park students without overcrowding classrooms. The projects funded by the bond will provide the District with the capacity and flexibility to meet the needs of our growing student community.

PTSA Leadership

President

Lisa Surowiec
einsteinpresident@gmail.com

Vice President

Shannon McMaster
mcshannon79@hotmail.com

Secretary

Karen Kessinger
einsteinsecretary@gmail.com

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Lori Ramsay
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Volunteer Coordinator

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Newsletter

Mel Williamson & Carrie Campbell
einsteinmiddleschoolnews@gmail.com

Website

Lisa Surowiec
einsteinwebsite@gmail.com

continued... **How was the bond recommendation developed?**

The process to develop a bond recommendation began more than two years ago. In October 2014, the Board of Directors began studying and evaluating information and data relating to classroom capacity, projected enrollment, building conditions, debt capacity and instructional programming.

A committee was created to develop facilities recommendations to improve school facilities and support future student population growth. The Facilities Planning Committee (FCP) consisted of over 30 representatives from numerous stakeholder groups and thoroughly examined the current and future needs of our students, staff and community. The FCP presented their recommendation to the Board of Directors on June 20, 2016.

What is the anticipated order of construction projects?

While final phasing has yet to be determined, based on the current facilities conditions and the efficient and cost-effective use of transition spaces, the following order is being considered:

2016-2017: North City Elementary would be renovated to act as a transition school for the Early Learning Center and Parkwood Elementary. The design of the Early Learning Center is completed.

2017-2018: Children's Center, Early Childhood Education and Head Start students attend school at North City while the Early Learning Center is constructed. The design of Parkwood, Kellogg and Einstein is completed.

2018-2019: The Early Learning Center opens. Parkwood students attend North City while the new Parkwood Elementary is constructed. Phased construction begins at Einstein and Kellogg allowing students and staff to stay on-site while the schools are rebuilt in sections.

2019-2020: The new Parkwood Elementary opens. Construction continues at Einstein and Kellogg.

2020-2021: The New Kellogg Middle School and Einstein Middle School open.

When is the election?

February 14th, 2017. Ballots will be mailed to voters on January 25th, 2017.

Who is eligible to vote on the school bond?

All registered voters residing within Shoreline School District are eligible to vote on this bond.

How can I register to vote?

Visit the King County Elections Website (www.kingcounty.gov/depts/elections) to learn how you can register online, by mail or in-person.

How can I get involved in the campaign?

Contact your local PTA or visit the campaign website (<http://www.voteeyesforshorelineschools.org>) or [Facebook page](https://www.facebook.com/voteeyesforshorelineschools) (<https://www.facebook.com/voteeyesforshorelineschools>).

Vote

For

Schools

On Valentine's Day



WEB PROGRAM / COUNSELING CORNER

Ms. Paulhamus & Ms. Flatters

If You Don't Snooze You Lose

When you are 13 or 14 years old, figuring out how to handle life's ups and downs can be challenging! Especially when so many things are out of their control. Some students are dealing with personal struggles; learning disabilities, family problems, social and emotional issues, peer pressure, physical changes, hormonal shifts, etc. If teens face these challenges while their most basic needs aren't being met such as having a safe place to live, adequate food to eat, clothing to wear and adults to rely on it can seem like they are rolling a gigantic boulder uphill day after day.

A lot of students are trying to cope with individual stress and teenage problems while being sleep deprived. Although the counseling team has limited ways of changing events and circumstances that our students deal with on a daily basis, we do think that if students were getting the sleep their growing bodies need each night they may be better equipped to deal with everything and enable them to learn while at school. Because most teenagers need at least 9 hours of sleep per night, we want to provide some tips to help make that possible.

Maintain a regular bedtime and manage time to keep it consistent every night. Consider if your student is "over-scheduled" and ends up staying up too late to finish homework.

Eat right and get regular exercise; avoid large meals at night and avoid caffeinated drinks after lunch.

If you are hungry at bedtime, **a light snack might help promote sleep.** Try foods that combine tryptophan and carbohydrates that help calm the brain: half a turkey sandwich, a small bowl of whole grain low-sugar cereal, granola with low-fat milk or yogurt and/or a banana.

Create a relaxing bedtime routine:

- **Turn off TV, computer, phone or backlit devices** (these can suppress melatonin and stimulate the mind) at least ½ hour prior to getting into bed. ****We suggest keeping all electronic devices out of your child's bedroom at night****
- **Take a warm bath/shower**
- **Listen to soft music or books on tape**
- **Do some easy stretches**
- **Read a book or magazine by soft light**
- **Make simple preparations for next day**
- **Make sure the room is dark and keep noise down** (mask outside noise w/ a fan, recordings of soothing sounds, white noise, earplugs)
- **Keep the room slightly cool – 65 degrees F**

Get Anxiety and Stress in Check: Learning how to manage time effectively, handle stress in a productive way and maintain a calm positive outlook can help one sleep better at night. Give your teen the opportunity to talk about worries that are outside of their control, realistic vs. irrational. Place a notepad next to bed to write down thoughts, worries and concerns before going to sleep.

Relaxation Techniques:

- **Deep breathing** (close eyes and take deep slow breaths)
- **Progressive muscle relaxation** (work your way from your feet to the top of your head tensing and relaxing muscles)
- **Visualizing a peaceful/restful place** (close eyes & picture special place/scene)

Please contact members of our Counseling Team about any concerns regarding your student. Parent information and contact information can be found on the Counseling Team website at

<http://learn.shorelineschools.org/einstein/ecounseling/index.php>



Student Support Team

7th Grade Counselor

Ms. Arpin & Lauren Paulhamus*

ae.7th.counselors@shorelineschools.org

206-393-4743

**Mrs. Paulhamus is on maternity leave until 2nd semester*

8th Grade Counselor

Kelley Flatters

Kelley.flatters@shorelineschools.org

206-393-4744

School Psychologist

Kathryn Zwack

Kathryn.zwack@shorelineschools.org

206-393-4745

School Nurse

Joni Wishaar

joni.wishaar@shorelineschools.org

206-393-4734

Security Monitor

Liz Aspen

liz.aspen@shorelineschools.org

206-393-4730

Einstein Family Advocate

Amy Famelos

amy.famelos@shorelineschools.org

206-939-4729 or 206-491-7374 (work cell)

Drug/Alcohol Prevention and Intervention Specialist

Amber Langon, CDP

Einstein Middle School (Wed & Thurs)

206-393-4736

Shorewood High School (Mon, Tue & Fri)

206-393-6107

amber.langon@shorelineschools.org

Volunteers We would love to have parent volunteers in the library! Projects include shelving books, repairing books, and looking for lost books. No need for prior experience or a set schedule. Please email me if you are interested in helping out.

I am really looking forward to another great year of working with all the students here at Einstein. Being the librarian is the best job there is; I get to work with all the teachers and students in different capacities. I love to read and recommend books—we've got all levels, genres, and interests covered. I also enjoy helping students with research, using technology, and getting the information they want and need. We are continually adding new titles and evaluating websites for content to support our curriculum. If you have any questions, suggestions, or comments, please feel free to stop by, call, or email me. I look forward to hearing from you!

LIBRARY

Lines from the Library

Anne Dame, Librarian

206-393-4733 | <http://www.shorelineschools.org/domain/789>

anne.dame@shorelineschools.org

The end of the calendar year always seems like a good time to reflect on what has happened in the previous months. With that in mind, here are some interesting numbers from the library from September to December. Enjoy!

- 4,214 = the number of books checked out of the Einstein library (as of 12/20)
- 19 - the most circulations of any book so far this year = Pearson Health (textbook)
- 17 - the most circulations of any fiction book this year - Maze Runner by James Dashner
- 284 = the number of books Ms. Dame has read in 2016 (as of 12/20)
- 68, 245 = the number of pages in the books Ms. Dame read
- 91 = the most books checked out by one student since school started
- 13,783 = the number of titles in the Einstein library
- 15,867 = the total number of books in the Einstein library (includes multiple copies of titles)

continued... Some of our newest books:

Heartless by Marissa Meyer - An interesting take on the life of Cath, who eventually became the Queen of Hearts in Alice in Wonderland. Newest book by the author of Cinder (the Lunar Chronicles series).

Slacker by Gordon Korman - An underachiever who almost lets his house burn down has to make amends, but he tries to do it by forming a fake club. Add a beaver named Elvis and you've got all the elements for a great comedy.

If I Was Your Girl by Meredith Russo - the fictional account of a transgender girl who switched schools to make the transition easier, then meets a boy who she likes but who does not know her secret.

JavaScript for Kids and Learn to Program with Minecraft: Students looking to learn some programming and coding skills should definitely check out these fun and informative books.

Families are welcome to check out books from the Einstein library! If you do not yet have an account set up with us, just swing by anytime. It's a very quick and painless process. I hope you were all able to find a little time to read and relax during this often hectic time of year.

With the start of a new year, the library is looking for volunteers to help with multiple projects. The schedule is very flexible and no experience is necessary. We are happy to do on-site training! You can email me at anne.dame@shorelineschools.org with any questions or to sign up. Thank you for considering!

Thank you for helping us make all Einstein Tigers into readers!

NURSE

Joni Wishaar, BSN, RN

Can You Hear Me Now?

Professionals are seeing increasingly younger people with hearing loss. Many musicians have early signs of hearing loss—mainly tinnitus, a ringing in the ears. Pete Townsend, the guitarist from the group Who, has permanent hearing loss and cannot hear other people talking.

The National Institute for Occupational Safety and Health lists hearing loss from workplace noise as the most common job related ailment. Prof. Ray Hull from Wichita State University states up to 75% of high school seniors have the beginnings of permanent hearing loss. 17% of the middle and high school students tested by the University of Florida had some degree of hearing loss. Researchers from Ohio State University suggest years of repeated exposure to loud noises increase the risk for non-cancerous tumors called acoustic neuromas. Regular exposure to machine and construction noise raised the risk 1.8 times, music 2.5 times and screaming children/sporting events/bars & restaurants 1.4 times. Australian researchers estimate 1/4 of iPod users 18-54 years old listen to volumes loud enough to cause hearing damage. Interestingly, two studies in the U.S. demonstrated lower reading scores of students exposed to louder sounds. Blood pressure, heart and stomach health and sleep are all affected by long-term exposure to noise.

Any sound louder than 85 decibels (db) can damage ears. The common rule of thumb for noise level is if you have to yell for someone three feet away (arms length) to hear, it is too loud. If a person is wearing headphones and you can hear the music, the volume is too high. Ear buds have higher output than earphones at every volume level so they will cause more damage.

The following table lists a few everyday noise activities, its decibel range and the length of exposure before damage to ears occur.

• Normal conversation	60 db	
• Vacuum cleaner	60-85 db	
• Food blender	88 db	
• Lawn mower/screaming child	90 db	8 hours
• Woodworking class	100 db	2 hours
• Typical nightclub/amplified music	110-130 db	less than 1 1/2 hours
• Movie	118 db	30 minutes



continued... High frequency sounds are the first to go. A person no longer can hear consonants of p, ck, f, th. Lip and lick would sound the same.

Prevention is the key. Wear ear protective devices (three members of Metallica wear earplugs), limit exposure to loud noises and turn down the volume.

SPORTS & PE

7th Grade Volleyball





MUSIC NOTES

Mariko Lane

Einstein Middle School Bands

The Einstein Band program received a joint grant from the Shoreline-Lake Forest Park Arts Council and Shoreline Public Schools Foundation for Percussion Enrichment. Once a month, two professional percussionists are coming in for an after school clinic to work with our percussion students. We have 20 percussionists spread out over four different class periods, and they are able to get small group and one-on-one instruction. Our first clinic was on December 13th, where the kids got a crash course on learning how to tune and play the timpani. We're looking forward to five more sessions where students will focus on mallets, snare, and all the toys (triangle, tambourine, etc.), and in the spring, student will break into small groups and form several percussion ensembles. We're enjoying ourselves immensely and learning so much, and are very grateful to the Shoreline-Lake Forest Arts Council and Shoreline Public Schools Foundation for their support!

On Tuesday, January 31st, the Einstein Wind Ensemble will present a joint concert with the Shorewood HS bands and elementary band students from the westside of the district. The concert will be at Shorewood HS at 7:00 p.m. Come enjoy hearing the growth from elementary to high school musician!

CLUBS

EINSTEIN Hang Time Clubs and Sports 2016-2017

Students who want to attend a club or watch a game **must be registered in Hang Time.**

Only students registered for Hang Time may take the Activity Bus.

All clubs meet in the Cafeteria on meeting days at 3:00 PM for a snack.

Einstein Clubs

TUESDAY

Sports <u>OR</u> Activity Club	Angela	Student choice
Gay-Straight Alliance (GSA)	Flatters/Zwack	Every other Tuesday: 9/20, 10/4, 10/18...
Video Game Club	Riley	
Yearbook Club	Baldi	
CheSS/GameS Club	Paulhamus	Starts October 11th.
Culture Club	DiVirgilio/Wheaton	
Tiger Tutoring	Teeters	

WEDNESDAY

Sports <u>OR</u> Activity Club	Angela	Student choice
Movie Club	Harvie	Starts September 29th.
Magic the Gathering	Crowley	Starts after Halloween.
The WRITE Stuff	Dame	<u>Every 2nd Wed of the month:</u> 10/12, 11/9, 12/7, 1/11, 2/8, 3/8, 4/12, 5/10, 6/14
Pizza and Books	Dame	<u>Every 4th Wed of the month:</u> 9/28, 10/26, 11/16, 12/14, 1/25, 2/15, 3/22, 4/26, 5/24
Coding Club	McDowell	
Anime/Drawing Club	Dame	Starts October 5th.

THURSDAY

Sports <u>OR</u> Activity Club	Angela	Student choice
Math Club	Riley	
Technical Students Association (TSA)	Thurber	Starts October 6th.
Baking Club	Brown	
Tiger Tutoring	Teeters	
★Jazz Band (Must be a member of a Band class.)	Lane	Semester 1: M/T/W/Th 7:30-8:20. Semester 2: T/Th 7:00-7:25 Fri 7:00-8:20.



Einstein Sports

Season 1 (Sep - Nov): 8th Grade Football, 7th/8th Cross Country, 7th/8th Girls Softball

Season 2 (Nov - Jan): 7th/8th Girls Volleyball, 7th/8th Boys Basketball,

Season 3 (Jan - Mar): 7th/8th Wrestling, 7th/8th Girls Basketball

Season 4 (Apr - Jun): 7th/8th Track

If you have an idea for a new club, go see your school counselor! ;)

Anime/Drawing Club	Do you like to draw? Do you like Anime? Do you like to hang out with friends? Then come to the Anime/Drawing Club.
Baking Club	Interested in making delicious treats and savory breads? Want to learn how to decorate the perfect cupcake? Come have fun with us! We will get to eat some goodies but let's think about how our baking could help others too!
Chess/Games Club	Play head to head and team up to play a variety of alternate scenarios. Every level is welcome. Other games welcome: board, card, beyblades, etc.
Coding Club	Are you interested in how video games work, want to learn basic coding? Want to learn about apps, VR, & other new technologies, then join us!
Culture Club	Experience culture through cooking, art, language and film!
Gay-Straight Alliance	GSA is a place for all students to discuss issues and plan school activities related to diversity and awareness. The goal is to create a more accepting and safe learning environment for all students, regardless of sexual orientation, gender identity or individual differences.
Jazz Band	Jazz Band is a performing ensemble focused on Blues and Swing music and improvisation. Meets during Zero Period in the Band Room (H-4).
Magic the Gathering	Bring your Magic cards and enjoy!
Math Club	If you are interested in math competitions (team and individual) or just like solving challenging math problems, we'd love to have you join us!
Movie Club	Come relax, view and enjoy a student chosen movie after school!
Pizza and Books	If you like to eat pizza and you like to talk about books you've read (or listen to others talk about books they have read), then this is the club for you!
Sports or Activity	Games (dodgeball, capture the flag, soccer) <u>OR</u> art activities/projects in SAC.
Technical Students Association	Do you enjoy figuring out how things work, working with tools, making things? Join TSA (Technical Students Association).
The WRITE Stuff	There will be author visits, script writing, movie making, writing games and exercises and an opportunity to have your work critiqued if you so desire.

COMMUNITY NEWS

Calendar

January

- 5: Boy's Basketball, 3:45
- 9: Boy's Basketball, 3:45
- 12: Girl's Volleyball, 3:45
- 12: PTSA Reflections Show, 6:30, Shoreline Center
- 16: No School: Martin Luther King, Jr. Day.
- 18: [Special Needs PTA](#) Meeting, 7:00 Ballinger Room at the Shoreline Center at 18560 1st Ave. NE, Shoreline, 98155
- 30: No School: Staff Work Day
- 31: Einstein Wind Ensemble at the Westside Band Festival, 7:00, Shorewood High School

February

- 2: Westside Choir Festival, 7 p.m.
- 7: Girl's Basketball, 3:45
- 9: Girl's Basketball, 3:45
- 13: Season 3 Sports Photos, 3:10
- 14: Westside Orchestra Festival, 7:30 p.m.
- 15: Einstein Band and Orchestra Concert, 7 p.m.
- 16: Girl's Basketball, 3:45
- 20-24: No School: Midwinter Break
- 28: Wrestling, 3:45

The WORKS

Every school in the district takes turns throughout the school year in supplying volunteers to spend few hours on a Wednesday evening sorting and hanging up donated clothing items for THE WORKS. Einstein will likely have two Wednesdays, but the sign-ups for calendar dates haven't yet taken place. If you are interested in participating, please contact esmckisson@icloud.com.



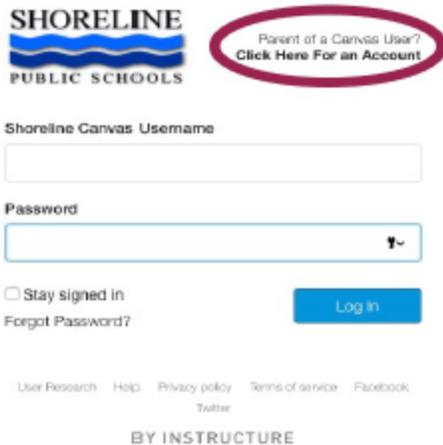
Einstein
Middle School

Get Ready... Set... Go...
2016-17 School Year Begins!

Parent Observer Accounts in Web Browser

Note: If you attempted to set up a web-based account prior to the latest release, you may receive an error message "Email Already In Use". If you get this message, email jim.golubich@k12.shorelineschools.org and we will delete the old account so you can start fresh.

Go to the website at <https://shorelineschools.instructure.com>. Click the option in the upper right hand corner that invites you to create a parent account:



SHORELINE
PUBLIC SCHOOLS

Parent of a Canvas User?
Click Here For an Account

Shoreline Canvas Username

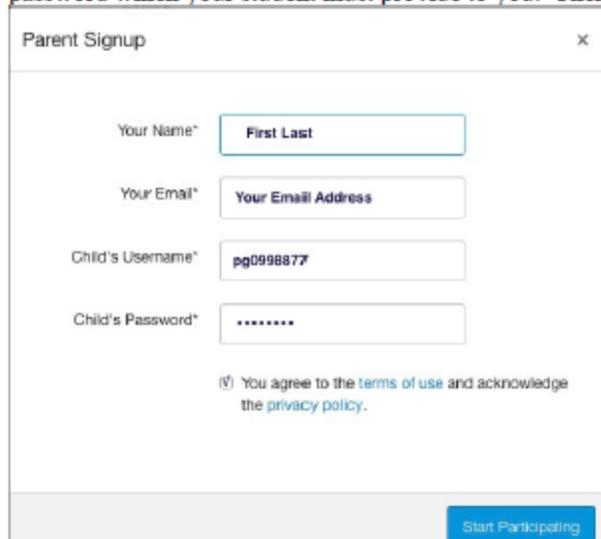
Password

Stay signed in
Forgot Password?

User Research Help Privacy policy Terms of service Facebook
Twitter

BY INSTRUCTURE

Next you will need to fill in four fields to create your account, including your student's Canvas username (first & last initial followed by Student ID number – ex. pg0998877) and their Canvas password which your student must provide to you. Then click the "Start Participating" button.



Parent Signup x

Your Name*

Your Email*

Child's Username*

Child's Password*

You agree to the [terms of use](#) and acknowledge the [privacy policy](#).

You will then get an email with instructions on how to complete the registration process. More info on how to use your Parent Observer account is available at: <https://community.canvaslms.com/docs/DOC-4033>

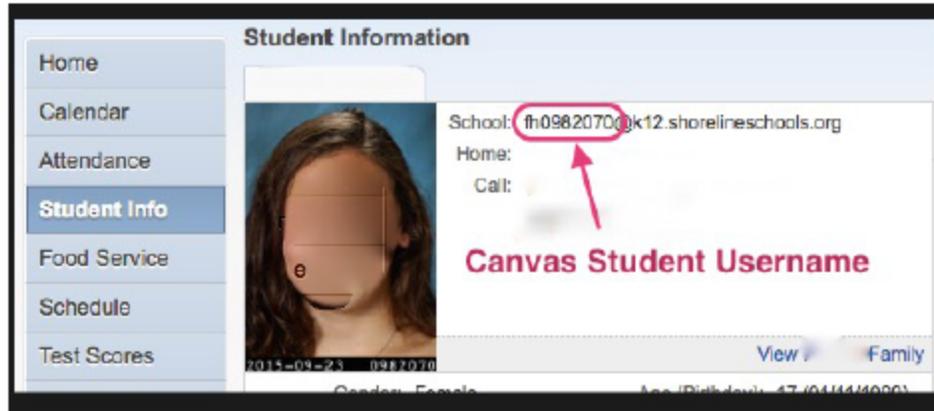
For adding additional students to your observer account: <https://community.canvaslms.com/docs/DOC-2278> (if this does not work, try using the mobile app until we can resolve this part)

Parent Access to Canvas Learning Management System (LMS)

Shoreline School District has transitioned to a learning management system called Canvas for managing student assignments and grades in grades 7-12. Now that we are in our second week of school, middle and high school teachers are beginning to assign and collect school work, assess and record grades for students in grade 7-12. We invite parents to begin following their students' progress through either the **Canvas Parent** mobile app for Apple iOS or Android or by creating a **Parent Observer** account to follow your student on the Canvas web site. *[NOTE: You can use both the app and the web site, but you will need to register for each method separately as explained below. As of 9/16/16, the mobile app method appears to be more reliable for following multiple students, but the web-based method should be resolved soon]*

Canvas Parent Mobile App

Canvas Parent is available for both iOS and Android mobile operating systems. Canvas has created step-by-step guides for installing, registering and linking **Canvas Parent** to your student(s). Select the link below that applies to your type of mobile device. In order to link to your student(s) Canvas accounts, you will need their Canvas usernames and passwords. Student Canvas usernames are the first part of the Google email addresses we have used for several years (ex. js0123456) and can be found in Family Access in Student Info in the school email field. **Your student(s) will provide you with their Canvas passwords and usernames.**



Apple iOS (iPhone, iPad, iTouch): <https://community.canvaslms.com/docs/DOC-7886>

Android Phone or Tablet: <https://community.canvaslms.com/docs/DOC-7885>



Get the free **Canvas Parent** app at the iTunes Store or the Android Play Store